

**MHSAA UP Regional 48-3 - 5/17/2019****North Dickenson HS****Results****Event 1 Girls Pole Vault Varsity**

Name	School	Finals
<b>Finals</b>		
1 Clark, Hannah	North Dickin	8-06.00 5
2 Neville, Alex	Powers North	7-06.00 3
3 Cappaert, Paige	Stephenson	6-06.00 2
4 Kuntze, Krystle	Stephenson	6-00.00 1
5 Saler, Summer	North Dickin	6-00.00
6 Reimer, Isabella	North Dickin	5-06.00
--- Derke, Siera	North Dickin	NH

**Event 2 Boys Pole Vault Varsity**

Name	School	Finals
<b>Finals</b>		
1 Bellmore, Dean	Powers North	10-06.00 5
2 Kuntze, Brian	Stephenson	8-06.00 3
3 Graham, Nathan	North Dickin	8-06.00 2

**Event 3 Girls High Jump Varsity**

Name	School	Finals
<b>Finals</b>		
1 Kragie, Natalee	Stephenson	4-06.00 5
2 Kuntze, Karlee	Stephenson	4-04.00 3
3 LaCanne, Mya	North Dickin	4-04.00 1.5
3 Kedsch, Taylor	Carney-Nadea	4-04.00 1.5
5 Cary, Kassandra	North Dickin	4-02.00
6 Inglese, Chrislyn	North Dickin	4-02.00
7 Mattson, Grace	North Dickin	x4-02.00
8 Soderberg, Elle	Forest Park	4-00.00

**Event 4 Boys High Jump Varsity**

Name	School	Finals
<b>Finals</b>		
1 Blahnik, Jacob	Carney-Nadea	5-06.00 5
2 Bellmore, Dean	Powers North	5-06.00 3
3 Besonen, Alexander	Watersmeet T	5-02.00 2
4 Schultz, Cameron	North Dickin	5-00.00 1
5 Naser, Trenton	Powers North	5-00.00
6 Leistikow, Michael	North Dickin	4-10.00
7 Franz, Daniel	Forest Park	4-08.00
8 Curtis, Vincent	Forest Park	4-06.00
--- Larson, Zack	North Dickin	NH
--- Gustafson, Warren	North Dickin	NH

**Event 5 Girls Long Jump Varsity**

Name	School	Finals
<b>Finals</b>		
1 Starzynski, Amanda	Stephenson	15-06.50 5
2 Smith, Briana	North Dickin	13-05.00 3
3 Hord, Ashton	North Dickin	12-09.00 2
4 Lindholm, Venessa	North Dickin	12-07.50 1
5 Stout, Leigh	North Dickin	x12-03.00
6 Kragie, Natalee	Stephenson	11-06.25
7 Jacobson, Rayven	Forest Park	11-02.50
8 Arsenault, Bree	Powers North	10-07.00
9 LaChapelle, Lea	Forest Park	10-04.00

10 Poler, Macy	Watersmeet T	9-09.00
11 Brunk, Chaylle	Watersmeet T	8-08.00
12 Poler, Jonell	Watersmeet T	5-10.00

**Event 6 Boys Long Jump Varsity**

Name	School	Finals
<b>Finals</b>		
1 Naser, Alex	Powers North	18-04.25 5
2 Bongi, Dawson	Forest Park	17-07.00 3
3 Blahnik, Jacob	Carney-Nadea	17-06.00 2
4 Timblin, Cole	Powers North	16-11.50 1
5 McKissack, Tim	Forest Park	16-06.50
6 Stacy, Brad	Forest Park	15-07.00
7 Bellmore, Alex	Powers North	15-05.00
8 Haddock, Josh	Carney-Nadea	15-04.25
9 Briggs, John	North Dickin	14-06.00
10 Gustafson, Warren	North Dickin	14-01.50
11 Leistikow, Michael	North Dickin	13-00.00
12 LaFave, Colin	North Dickin	x12-06.00

**Event 7 Girls Discus Throw Varsity**

Name	School	Finals
<b>Finals</b>		
1 Ledzian, Skye	North Dickin	92-06 5
2 Blahnik-Thoune, Layla	Carney-Nadea	78-01 3
3 Boulton, Sandra	Carney-Nadea	73-05 2
4 Brown, Morgan	Stephenson	73-01 1
5 Cappaert, Allie	Stephenson	67-06
6 Cappaert, Paige	Stephenson	65-05
7 Gibellini, Jasmine	Stephenson	x64-02
8 Gustafson, Kylie	North Dickin	64-00
9 Baumler, Mal	Carney-Nadea	61-09
10 Peterson, Gracie	Forest Park	56-02
11 Longtin, Savannah	North Dickin	54-02
12 LaCoursier, Sheala	Powers North	51-01
13 Cornelia, Marjia	Forest Park	51-00
14 Pallin, Hailey	Watersmeet T	50-07
15 Bugler, Haylee	Forest Park	48-05
16 Bimbi, Gloria	Carney-Nadea	x42-03
17 Gabby, Schultz	North Dickin	x40-02
18 Blair, Taylor	Powers North	31-10

**Event 8 Boys Discus Throw Varsity**

Name	School	Finals
<b>Finals</b>		
1 Tisher, Chandler	Stephenson	109-07 5
2 Nehring, Lane	Powers North	94-07 3
3 Ayotte, Brenton	Powers North	91-00 2
4 Anderson, Logan	Forest Park	83-07 1
5 Peterson, Jacob	Forest Park	81-06
6 Madigan, Nick	North Dickin	81-02
7 Markus, Damaschke	Carney-Nadea	79-08
8 Wesseln, Luke	Forest Park	75-01
9 Graham, Colin	North Dickin	72-04
10 Strahl, Eric	Powers North	63-08
11 Strazzynski, Donald	Stephenson	63-07

## MHSAA UP Regional 48-3 - 5/17/2019

## North Dickenson HS

## Results

**Finals ... (Event 8 Boys Discus Throw Varsity)**

Name	School	Finals
12 Harper, Dylan	Forest Park	x53-03
13 Josh, Berg	Carney-Nadea	49-03
14 Sleeter, Morgan	North Dickin	34-08

**Event 9 Girls Shot Put Varsity**

Name	School	Finals
<b>Finals</b>		
1 Ledzian, Skye	North Dickin	31-06.75 5
2 Poler, Macy	Watersmeet T	29-11.75 3
3 Gibellini, Jasmine	Stephenson	29-01.75 2
4 Baumler, Mal	Carney-Nadea	29-00.50 1
5 Boulton, Sandra	Carney-Nadea	27-09.00
6 Poler, Jonell	Watersmeet T	27-08.00
7 Newbury, Eden	Stephenson	26-03.25
8 Arsenault, Andi	Powers North	25-10.75
9 Johnson, Emily	Stephenson	25-07.00
10 Longtin, Savannah	North Dickin	25-02.25
11 Blair, Taylor	Powers North	24-10.50
12 Besonen, Annabelle	Watersmeet T	24-00.00
13 LaCoursier, Sheala	Powers North	23-03.50
14 Blahnik-Thoune, Layla	Carney-Nadea	23-02.00
15 Peterson, Gracie	Forest Park	22-00.75
15 Cornelia, Marjia	Forest Park	22-00.75
17 Pallin, Hailey	Watersmeet T	x21-09.00
18 Steinbrecher, Ashley	North Dickin	21-01.00
19 Cole, Peyton	Stephenson	x20-08.50
20 Bugler, Haylee	Forest Park	18-09.00
21 Schafer, Angel	North Dickin	x17-11.25

**Event 10 Boys Shot Put Varsity**

Name	School	Finals
<b>Finals</b>		
1 Bruette, Matthew	North Dickin	36-04.00 5
2 Thorbahn, Dustin	Wilson Hanna	35-08.50 3
3 Tisher, Chandler	Stephenson	35-05.25 2
4 Wesseln, Luke	Forest Park	35-01.50 1
5 Ayotte, Brenton	Powers North	34-10.25
6 Dwyer, Shane	Wilson Hanna	31-09.00
7 Bendick, Tim	Forest Park	30-10.25
8 Markus, Damaschke	Carney-Nadea	30-07.00
9 Larson, Gage	Stephenson	30-04.25
10 Nehring, Lane	Powers North	30-02.50
11 Walters, Caleb	Powers North	29-07.75
12 Naser, Dominic	Powers North	x29-01.50
13 Peterson, Jacob	Forest Park	29-00.50
14 Madigan, Nick	North Dickin	27-01.25
15 Graham, Colin	North Dickin	26-01.00
16 Turner, Zack	Forest Park	x25-10.00
17 Corey, Gavin	Stephenson	22-04.50
18 Josh, Berg	Carney-Nadea	22-03.50

**Event 11 Girls 4x800 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 North Dickin		10:51.92 5
1) Hord, Ashton	2) Lindholm, Venessa	
3) Lindholm, Micah	4) Smith, Briana	
2 Stephenson		11:12.75 3
1) Kuntze, Kylee	2) Schultz, Ally	
3) Cappaert, Paige	4) Cappaert, Allie	
3 Carney-Nadeau		11:31.04 2
1) Haddock, Lizzy	2) Granskog, Sadie	
3) Ernest, Haley	4) Charlier, Kristin	

**Event 12 Boys 4x800 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Powers North Central		9:10.29 5
1) Timblin, Cole	2) Naser, Alex	
3) Riley, Wyatt	4) Johnson, Griffin	
2 Stephenson		9:14.17 3
1) Barstow, Ashton	2) Kakuk, Evan	
3) Cappaert, Trent	4) Kuntze, Brian	
3 North Dickin		10:23.28 2
1) Briggs, John	2) Larson, Zack	
3) Conery, Nick	4) Stankevich, Kayden	
4 Forest Park		10:24.60 1
1) Imhoff, Wyatt	2) Curtis, Vincent	
3) Stacy, Brad	4) Peterson, Jacob	

**Event 13 Girls 100 Meter Hurdles Varsity**

Name	School	Finals
<b>Finals</b>		
1 Grinsteiner, Lilly	Stephenson	18.50 5
2 Ingrese, Chrislyn	North Dickin	18.64 3
3 Johnson, Emily	Stephenson	19.02 2
4 McCullough, Talisha	Carney-Nadea	19.11 1
5 Simmons, Mercedes	Forest Park	19.73
6 Neville, Alex	Powers North	20.11

**Event 14 Boys 110 Meter Hurdles Varsity**

Name	School	Finals
<b>Finals</b>		
1 Bong, Dawson	Forest Park	17.27 5
2 Bellmore, Dean	Powers North	19.12 3
3 Haddock, Josh	Carney-Nadea	19.20 2
4 Larson, Gage	Stephenson	19.20 1
5 Redinger, Darin	Powers North	20.20
6 Showers, Tommy	Forest Park	20.23
7 Strazzynski, Donald	Stephenson	21.66

**Event 15 Girls 100 Meter Dash Varsity**

Name	School	Finals
<b>Finals</b>		
1 Alexa, Masyn	North Dickin	13.33 5
2 Starzynski, Amanda	Stephenson	13.38 3
3 Rasner, Autumn	Stephenson	14.24 2

## MHSAA UP Regional 48-3 - 5/17/2019

## North Dickenson HS

## Results

## Finals ... (Event 15 Girls 100 Meter Dash Varsity)

Name	School	Finals	
4 Harris, Alanis	Carney-Nadea	14.55	1
5 Stout, Leigh	North Dickin	15.04	
6 VanElsacker, Blayna	North Dickin	15.37	
7 Besonen, Annabelle	Watersmeet T	15.50	
8 Kragie, Natalee	Stephenson	15.67	
9 Dani, Jesi	Powers North	15.74	
10 Meshigaud, Tyra	Carney-Nadea	16.10	
11 Bucek, Megan	Forest Park	16.12	
12 Jacobson, Rayven	Forest Park	16.17	
13 LaChapelle, Lea	Forest Park	16.25	
14 Dani, Tori	Powers North	16.79	
15 Ahola, Aubree	Forest Park	x17.04	
16 Derke, Siera	North Dickin	x17.80	
17 Garcia, Belen	Powers North	18.24	
18 Harrison, Shirlene	Watersmeet T	18.40	
19 Zimmer, Mya	Powers North	x19.90	

## Event 16 Boys 100 Meter Dash Varsity

Name	School	Finals	
<b>Finals</b>			
1 Glover, Montell	Stephenson	11.30	5
2 Larson, Trae	Stephenson	11.93	3
3 Gorzinski, Noah	Powers North	12.14	2
4 McKissack, Tim	Forest Park	12.96	1
5 Reed, Hunter	Forest Park	13.03	
6 Caron, Howard	Watersmeet T	13.12	
7 Crawford, Gavyn	Stephenson	13.69	
8 Bendick, Tim	Forest Park	13.79	
8 Naser, Dominic	Powers North	13.79	
10 Madigan, Nick	North Dickin	14.24	
11 Leistikow, Michael	North Dickin	14.48	
12 Josh, Berg	Carney-Nadea	14.86	
13 Turcotte, Trevor	Stephenson	x15.13	
14 Kuzak, Donovan	Forest Park	x17.19	

## Event 17 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals	
<b>Finals</b>			
1 Stephenson		2:01.68	5
1) Grinsteiner, Lilly	2) Schultz, Ally		
3) Kuntze, Karlee	4) Anders, Gena		
2 Powers North Central		2:02.27	3
1) Poupore, Tayler	2) Smith, Delaney		
3) Arsenault, Andi	4) Fleetwood, Jaiden		
3 North Dickin		2:05.52	2
1) Schultz, Gabby	2) Cary, Cassandra		
3) Lindholm, Venessa	4) Mattson, Ricki		
4 Carney-Nadeau		2:07.19	1
1) Harris, Alanis	2) McCullough, Talisha		
3) Ernest, Haley	4) McNally, Kaitlyn		

## Event 18 Boys 4x200 Meter Relay Varsity

Team	Relay	Finals	
<b>Finals</b>			
1 Stephenson		1:39.76	5
1) Larson, Trae	2) Johnson, Teagan		
3) Williams, Noah	4) Rivard, Kaden		
2 Powers North Central		1:42.05	3
1) Naser, Trenton	2) Holle, Carter		
3) Naser, Alex	4) Bellmore, Alex		
3 Forest Park		1:42.78	2
1) Nylund, Max	2) McKissack, Tim		
3) Reed, Hunter	4) Bong, Dawson		
4 Watersmeet Township		1:49.99	1
1) Besonen, Alexander	2) Caron, Howard		
3) McGeshick, Mitchell	4) Romenesko, Travis		
5 North Dickin		1:53.11	
1) Bruette, Matthew	2) Schultz, Cameron		
3) Mattson, Max	4) Graham, Nathan		

## Event 19 Girls 1600 Meter Run Varsity

Name	School	Finals	
<b>Finals</b>			
1 Kuntze, Kylee	Stephenson	6:06.94	5
2 Smith, Briana	North Dickin	6:07.41	3
3 Clark, Taylor	Forest Park	6:10.53	2
4 Charlier, Kristin	Carney-Nadea	6:26.47	1
5 Deyoung, Jenna	Stephenson	6:37.12	
6 Johnson, Amya	Forest Park	6:44.55	
7 Granskog, Sadie	Carney-Nadea	6:45.57	
8 DeBacker, Maelyn	Carney-Nadea	7:18.57	
9 Arsenault, Bree	Powers North	7:26.12	
10 Pleshek, Shelby	Stephenson	7:27.29	
11 Cole, Peyton	Stephenson	x7:30.69	
12 Hoffman, McKayla	North Dickin	7:32.63	

## Event 20 Boys 1600 Meter Run Varsity

Name	School	Finals	
<b>Finals</b>			
1 Rintala, Mason	Forest Park	5:07.80	5
2 Kidd, Franny	Wilson Hanna	5:16.09	3
3 Corey, Buckley	Stephenson	5:21.56	2
4 Johnson, Griffin	Powers North	5:27.84	1
5 Conery, Nick	North Dickin	5:40.64	
6 LaFave, Colin	North Dickin	5:42.04	
7 Engel, Tyler	Stephenson	5:49.16	
8 Dobson, Allen	Forest Park	7:03.20	
9 Dumke, Tyler	Forest Park	8:02.97	

## Event 21 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals	
<b>Finals</b>			
1 Stephenson		55.45	5
1) Anders, Gena	2) Grinsteiner, Lilly		
3) Rasner, Autumn	4) Starzynski, Amanda		

## MHSAA UP Regional 48-3 - 5/17/2019

## North Dickenson HS

## Results

**Finals ... (Event 21 Girls 4x100 Meter Relay Varsity)**

Team	Relay	Finals	
2 North Dickin		58.23	3
1) Clark, Hannah	2) Stout, Leigh		
3) LaCanne, Mya	4) Mattson, Grace		
3 Powers North Central		58.86	2
1) Poupore, Tayler	2) Smith, Delaney		
3) Arsenault, Andi	4) Fleetwood, Jaiden		
4 Carney-Nadeau		1:03.68	1
1) Meshigaud, Tyra	2) Kedsch, Taylor		
3) McNally, Kaitlyn	4) Walcher, Kenzie		
5 Forest Park		1:05.34	
1) Bucek, Megan	2) Ahola, Aubree		
3) Divine, Maddie	4) LaChapelle, Lea		

**Event 22 Boys 4x100 Meter Relay Varsity**

Team	Relay	Finals	
<b>Finals</b>			
1 Powers North Central		47.83	5
1) Gorzinski, Leo	2) Gorzinski, Noah		
3) Bellmore, Alex	4) Bellmore, Dean		
2 North Dickin		54.79	3
1) Bruette, Matthew	2) Schultz, Cameron		
3) Mattson, Max	4) Graham, Nathan		

**Event 23 Girls 400 Meter Dash Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Alexa, Masyn	North Dickin	1:02.41	5
2 Schultz, Ally	Stephenson	1:07.48	3
3 Harris, Alanis	Carney-Nadea	1:07.70	2
4 Hord, Ashton	North Dickin	1:08.02	1
5 Rasner, Autumn	Stephenson	1:08.33	
6 Smith, Delaney	Powers North	1:11.39	
7 Gabby, Schultz	North Dickin	1:16.00	
8 Soderberg, Elle	Forest Park	1:18.00	
9 Dani, Jesi	Powers North	1:20.00	
10 Brunk, Chaylle	Watersmeet T	1:22.00	
--- Abts, Kailee	Forest Park	NT	

**Event 24 Boys 400 Meter Dash Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Glover, Montell	Stephenson	51.39	5
2 Gorzinski, Leo	Powers North	54.46	3
3 Naser, Trenton	Powers North	56.75	2
4 Nylund, Max	Forest Park	56.91	1
5 Cappaert, Trent	Stephenson	58.42	
6 Riley, Wyatt	Powers North	1:00.16	
7 Haddock, Josh	Carney-Nadea	1:02.29	
8 Stacy, Brad	Forest Park	1:02.58	
9 Curtis, Vincent	Forest Park	1:04.50	

**Event 25 Girls 300 Meter Hurdles Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Inglese, Chrislyn	North Dickin	53.31	5
2 McCullough, Talisha	Carney-Nadea	53.81	3
3 Simmons, Mercedes	Forest Park	53.92	2
4 Johnson, Emily	Stephenson	54.28	1
5 Grinsteiner, Lilly	Stephenson	54.96	
6 Lindholm, Micah	North Dickin	56.45	

**Event 26 Boys 300 Meter Hurdles Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Gorzinski, Noah	Powers North	44.00	5
2 Bong, Dawson	Forest Park	45.28	3
3 Larson, Gage	Stephenson	46.27	2
4 Blahnik, Jacob	Carney-Nadea	47.68	1
5 McGeshick, Mitchell	Watersmeet T	48.83	
6 Schultz, Cameron	North Dickin	49.27	
7 Bruette, Matthew	North Dickin	49.99	
8 Franz, Daniel	Forest Park	50.33	
9 Showers, Tommy	Forest Park	51.64	
10 Strazzynski, Donald	Stephenson	52.31	
11 Imhoff, Wyatt	Forest Park	x55.78	
12 Besonen, Alexander	Watersmeet T	56.93	

**Event 27 Girls 800 Meter Run Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Smith, Briana	North Dickin	2:43.04	5
2 Lindholm, Venessa	North Dickin	2:45.92	3
3 Charlier, Kristin	Carney-Nadea	2:46.67	2
4 Clark, Taylor	Forest Park	2:50.16	1
5 Van, Morgan	Stephenson	2:56.17	
6 Cappaert, Allie	Stephenson	3:03.14	
7 Haddock, Lizzy	Carney-Nadea	3:04.19	
8 Brown, Morgan	Stephenson	3:11.51	
9 Reimer, Isabella	North Dickin	3:19.94	
10 McNally, Kaitlyn	Carney-Nadea	3:23.18	
11 DeBacker, Maelyn	Carney-Nadea	x3:23.43	

**Event 28 Boys 800 Meter Run Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Rintala, Mason	Forest Park	2:10.39	5
2 Kakuk, Evan	Stephenson	2:12.08	3
3 Timblin, Cole	Powers North	2:16.91	2
4 Barstow, Ashton	Stephenson	2:25.16	1
5 Romenesko, Travis	Watersmeet T	2:35.52	
6 Kuntze, Brian	Stephenson	2:41.00	
7 Larson, Zack	North Dickin	2:44.34	
8 Corey, Gavin	Stephenson	x2:51.75	
9 Stankevich, Kayden	North Dickin	2:56.67	
10 Martin, Codie	Forest Park	2:59.66	
--- Besonen, Alexander	Watersmeet T	DNF	

**MHSAA UP Regional 48-3 - 5/17/2019****North Dickenson HS****Results****Event 29 Girls 200 Meter Dash Varsity**

Name	School	Finals
<b>Finals</b>		
1 Starzynski, Amanda	Stephenson	27.40 5
2 Alexa, Masyn	North Dickin	27.53 3
3 Anders, Gena	Stephenson	30.07 2
4 Rasner, Autumn	Stephenson	30.71 1
5 Cary, Kassandra	North Dickin	30.81
6 Bucek, Megan	Forest Park	34.34
7 Dani, Jesi	Powers North	34.65
8 Jacobson, Rayven	Forest Park	34.68
9 Kedsch, Taylor	Carney-Nadea	34.80
10 Dani, Tori	Powers North	35.30
11 Meshigaud, Tyra	Carney-Nadea	35.58
12 Stout, Gabby	North Dickin	35.66
13 Ahola, Aubree	Forest Park	36.57
14 MacFadyen, Caidyn	North Dickin	x38.55
15 Garcia, Belen	Powers North	40.66

**Event 30 Boys 200 Meter Dash Varsity**

Name	School	Finals
<b>Finals</b>		
1 Glover, Montell	Stephenson	23.85 5
2 Larson, Trae	Stephenson	24.31 3
3 Gorzinski, Leo	Powers North	24.40 2
4 Nylund, Max	Forest Park	25.40 1
5 Reed, Hunter	Forest Park	26.45
6 Redinger, Darin	Powers North	27.54
7 Briggs, John	North Dickin	27.69
8 Crawford, Gavyn	Stephenson	28.03
9 Naser, Dominic	Powers North	29.67
10 Turcotte, Trever	Stephenson	x30.66
11 Madigan, Nick	North Dickin	31.54
12 Graves, Kaden	Forest Park	37.59

**Event 31 Girls 3200 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Kuntze, Kylee	Stephenson	13:41.31 5
2 Clark, Taylor	Forest Park	13:53.79 3
3 Mattson, Sophie	North Dickin	14:27.34 2
4 Granskog, Sadie	Carney-Nadea	14:52.49 1
5 Deyoung, Jenna	Stephenson	15:35.88
6 Bruette, Christina	North Dickin	16:12.05
7 Arnold, Olivia	Powers North	16:47.38
8 Cole, Peyton	Stephenson	17:16.60

**Event 32 Boys 3200 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Rintala, Mason	Forest Park	11:25.63 5
2 Corey, Buckley	Stephenson	11:35.67 3
3 Johnson, Griffin	Powers North	11:46.58 2
4 Engel, Tyler	Stephenson	12:03.36 1
5 Conery, Nick	North Dickin	12:07.27

6 Flanagan, Mike	Carney-Nadea	13:42.03
7 Strahl, Zachary	Powers North	15:41.58

**Event 33 Girls 4x400 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 North Dickin		4:33.11 5
1) Hord, Ashton	2) Lindholm, Micah	
3) Inglese, Chrislyn	4) Alexa, Masyn	
2 Carney-Nadeau		4:37.17 3
1) Harris, Alanis	2) McCullough, Talisha	
3) Ernest, Haley	4) Charlier, Kristin	
3 Stephenson		4:50.50 2
1) Anders, Gena	2) Cappaert, Allie	
3) Schultz, Ally	4) Gibellini, Jasmine	
4 Forest Park		5:15.76 1
1) Soderberg, Elle	2) Divine, Maddie	
3) Clark, Taylor	4) Simmons, Mercedes	
--- Powers North Central		FS
1) Poupore, Tayler	2) Smith, Delaney	
3) Arsenaault, Andi	4) Fleetwood, Jaiden	

**Event 34 Boys 4x400 Meter Relay Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Stephenson		3:45.25 5
1) Larson, Trae	2) Kakuk, Evan	
3) Johnson, Teagan	4) Glover, Montell	
2 Powers North Central		3:51.36 3
1) Gorzinski, Leo	2) Gorzinski, Noah	
3) Naser, Trenton	4) Timblin, Cole	
3 Forest Park		4:08.42 2
1) Reed, Hunter	2) Curtis, Vincent	
3) Stacy, Brad	4) Nylund, Max	
4 North Dickin		4:25.25 1
1) LaFave, Colin	2) Briggs, John	
3) Mattson, Max	4) Graham, Nathan	

**Women - Varsity - Team Rankings - 17 Events Scored**

1) North Dickinson County	72.5
2) Stephenson	68
3) Carney-Nadeau	25.5
4) Forest Park	9
5) Powers North Central	8
6) Watersmeet Township	3

**Men - Varsity - Team Rankings - 17 Events Scored**

1) Powers North Central	57
1) Stephenson	57
3) Forest Park	36
4) North Dickinson County	14
5) Carney-Nadeau	10
6) Wilson Hannahville-Nah Tah Wah	6
7) Watersmeet Township	3